

3729 N. Bay Horse Loop Tucson, AZ 85719 Phone: 520-907-3318 www.riosassociates.com

Our records indicate that you are interested / registered in our Intensive 4-day Medical Spanish and Cultural Awareness Course scheduled in Mexico City, Mexico.

Our Medical Spanish & Cultural Awareness course will be held at:

Hotel District Polanco by Ilumina
Anatole France 130, Polanco
Polanco III Secc, Miguel Hidalgo, 11550, Ciudad de México
Tel. +52 55-9302-7762

If you wish to lodge at Hotel District Polanco by Ilumina, you can reserve a room requesting any specific needs you may have by calling the hotel or reserving on their website: https://www.districtpolanco.com/

There are several other nearby hotels and Airbnb's available for all budgets and preferences.

#### **Daily Schedule**

Our 4-day course is a great opportunity to participate in our full training program and learn in detail about the culture, medical terms, grammar, and key phrases in order to communicate more effectively and efficiently with your Latino Spanish speaking patient and family.

Classes begins daily at 8:00 AM and ends approximately at 3:00 PM.

On the last day we will have covered the essential class material by <u>noon</u> in order to accommodate those who need to leave early for return flights or other commitments.

Of course, those who wish to stay are welcome to do so and we will be there to continue working with you, practicing your newly acquired skills.

You will still have time to enjoy the city in the late afternoons and evenings.

The following attractions showcase Mexico City's diverse offerings in culture, history, art, and natural beauty, making it a truly captivating destination to explore.

## Walking distance from the Hotel District Polanco by Lumina:

- Join us as we learn Medical Spanish in the heart of the Jewish neighborhood of Polanco in Mexico City.
- 10 minute walk from shuls and 20 minute walk to kosher restaurants.
- 15-20 minute walk to Soumaya museum and Jumex museum
- 10-15 minute walk to Parque Lincoln and Juarez Park (peaceful parks with lakes, fountains, sculptures and green space
- 20 minute walk to Chapultepec Forest and Park (One of the largest city parks in Latin America, offering lakes, museums, a zoo, and walking trails).

# Top attractions in all of Mexico City:

- Zócalo (Plaza de la Constitución): Main square surrounded by historic buildings.
- Palacio de Bellas Artes: Cultural center with art exhibits, concerts, and theater performances.
- Frida Kahlo Museum (Casa Azul): Former home of Frida Kahlo now a museum.
- Teotihuacán: Ancient city with pyramids just outside Mexico City.
- Xochimilco: Canals for boat rides and vibrant atmosphere.
- Coyoacán: Charming neighborhood with art galleries and historic sites.
- National Museum of Anthropology: Showcases Mexico's indigenous heritage and treasures.

#### Please be sure to bring the following:

- Spanish-English Pocket Dictionary (optional but helpful)
- 2. Writing material for taking notes
- 3. Complete Medical Spanish textbook

We will send the Text/Workbook to you beforehand.

Please submit your assessment form, which allows us to determine your proficiency level.

#### Fee includes CME Credits and Textbook.

If you are a total beginner, please study the first chapter, as well as pgs. 31, 34-36 and 39-41 in Chapter 2, and pgs 45-47 in Chapter 3 (the more – the better) before coming to class. In this way, you will surely feel more comfortable the first day.

If you have any questions or require additional information, please contact us at your convenience. We are looking forward to seeing you and be prepared to learn a great deal while enjoying yourself as well!

#### **LEARNING OBJECTIVES**

Acquire the ability to interview patients in Spanish, take medical history, conduct physical exam, give prescriptions and follow up instructions. Intervene with medical emergencies. Develop an awareness of Latino culture concerning time, space, clothing, foods, health & medical care.

## **ACCREDITATION**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Arizona College of Medicine at the Arizona Health Sciences Center and Rios Associates. The University of Arizona College of Medicine at the Arizona Health Sciences Center is accredited by the ACCME to provide continuing medical education for physicians.

The University of Arizona College of Medicine at the Arizona Health Sciences Center designates this live activity for a maximum of 45 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **DISCLOSURE INFORMATION**

All Faculty, CME Planning Committee Members, and the CME Office Reviewer have disclosed that they have no financial relationships with commercial interests that would constitute a conflict of interest concerning this CME activity.