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Our records indicate that you are interested / registered in our Intensive 4 day Spanish Medical and Cultural Workshop scheduled in Mexico City, Mexico.

Our Medical Spanish & Cultural Awareness course will be held at:

**Four Points by Sheraton
Avenida Álvaro Obregón #38, Colonia Roma
Mexico City, Mexico C.P 6700.
Tel. +52 55-1085-9500**

If you wish to lodge at Four Points by Sheraton, you can reserve a room requesting any specific needs you may have by calling the hotel.

You are welcome to stay there at a discounted rate for our attendees.

Please call the number above for the rates.

There are several other nearby hotels and Airbnb's available for all budgets.

Daily Schedule

Our 4-day course is a great opportunity to participate in our full training program and learn in detail about the culture, medical terms, grammar, and key phrases in order to communicate more effectively and efficiently with your Latino patient.

Classes begin every day at 8:00 AM and end approximately at 4:00 PM.

On Monday (last day) we will have covered the essential class material by [noon](#) in order to accommodate those who need to leave early for return flights or other commitments.

Of course, those who wish to stay are welcome to do so and we will be there to continue working with you, practicing your newly acquired skills.

You will have daily homework from the textbook as well as “townwork” where you will have the opportunity to meet and talk to the local population getting directions, acquiring pricing information and availability of medications, products, etc. You will also have the opportunity to observe and/or become involved with the local culture, habits, and medical community.

We will also have the hospital tour arranged one of the afternoons.

You will still have time to enjoy the city in the late afternoons and evenings.

The following attractions showcase Mexico City's diverse offerings in culture, history, art, and natural beauty, making it a truly captivating destination to explore.

Walking distance from the Four Points by Sheraton hotel in La Roma, Mexico City:

- Mercado Roma: Trendy gourmet market with local food and artisanal products.
- Parque España: Charming park for relaxation and strolls.
- Museo del Objeto del Objeto: Museum focused on design and everyday objects.
- Casa Lamm: Cultural center in a restored mansion with art exhibitions and a bookstore.
- Fuente de Cibeles: Iconic fountain.

Easy reach of the Four Points by Sheraton hotel in La Roma, Mexico City:

- Palacio de Bellas Artes: Cultural center with art exhibits, concerts, and theater performances.
- Monumento a la Revolución: Landmark honoring the Mexican Revolution with panoramic city views.
- El Moro: Historic churrería known for delicious churros and hot chocolate.
- Condesa neighborhood: Trendy area with nightlife and dining options.
- Chapultepec Park: City park with museums, a zoo, gardens, and Chapultepec Castle.
- Paseo de la Reforma: Grand boulevard with shops, restaurants, and cultural landmarks.

Top attractions in all of Mexico City:

- Zócalo (Plaza de la Constitución): Main square surrounded by historic buildings.
- Frida Kahlo Museum (Casa Azul): Former home of Frida Kahlo now a museum.
- Teotihuacán: Ancient city with pyramids just outside Mexico City.
- Xochimilco: Canals for boat rides and vibrant atmosphere.
- Coyoacán: Charming neighborhood with art galleries and historic sites.
- National Museum of Anthropology: Showcases Mexico's indigenous heritage and treasures.

Please be sure to bring the following:

1. Spanish-English Pocket Dictionary - (optional – but helpful)
2. Writing material for taking notes
3. Complete Medical Spanish textbook
4. Comfortable clothing in general, but at least one semi-formal or professional suit/outfit to be worn when visiting the hospital, residents and/or doctors (i.e. no shorts, sandals or T-shirts, etc. during hospital visits.)

We will send the Text/Workbook to you beforehand but can only do so if you submit your assessment form, which allows us to place you in the proper level.

Fee includes CME Credits and Textbook.

If you are a total beginner, please study the first chapter, as well as pgs. 31, 34-36 and 39-41 in Chapter 2, and pgs 45-47 in Chapter 3 (the more – the better) before coming to class. In this way, you will surely feel more comfortable the first day.

If you have any questions or require additional information, please contact us at your convenience. We are looking forward to seeing you and be prepared to learn a great deal while enjoying yourself as well!

¡HASTA PRONTO!

Rios Associates Health & Safety Protocols

The safety of all attendees and instructors is a top priority to Rios Associates.

By attending our course, you agree to engage in certain beneficial health and safety conduct while attending the course.

We will carry out the following best practices to help attendees and staff stay healthy and to reduce exposure and risk.

Rios Associates will:

- Provide an appropriate amount of hand sanitizer
- We will kindly ask to please stay home if feeling feverish or exhibiting other symptoms of COVID-19 (We will work with you to connect remotely and/or study from home. You are also welcome to use your credit for any future course-no expiration date).

*We will continue to update our policies as changes are made or required.

LEARNING OBJECTIVES

Acquire the ability to interview patients in Spanish, take medical history, conduct physical exam, give prescriptions and follow up instructions. Intervene with medical emergencies. Develop an awareness of differences in attitudes between Latinos & other Americans concerning time, space, clothing, foods, health & medical care.

ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Arizona College of Medicine at the Arizona Health Sciences Center and

Rios Associates. The University of Arizona College of Medicine at the Arizona Health Sciences Center is accredited by the ACCME to provide continuing medical education for physicians.

The University of Arizona College of Medicine at the Arizona Health Sciences Center designates this live activity for a maximum of 45 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DISCLOSURE INFORMATION

All Faculty, CME Planning Committee Members, and the CME Office Reviewer have disclosed that they have no financial relationships with commercial interests that would constitute a conflict of interest concerning this CME activity.