



CME Self Study Offline Package- All Levels

Overview

Welcome to our **CME Self Study Offline Package** that includes:

- 1) Rios Associates Complete Medical Spanish book (Lessons 1-15), 4th edition, published by McGraw-Hill.
- 2) Corresponding Audio USB (Lessons 1-15)
- 3) 15 CME credit exams (45 Category 1 AMA CME credits)

The purpose of this program is to teach you how to communicate with your Spanish-speaking patients to form strong clinician–patient rapport. You will be learning standardized, universal Spanish. Your Latino patients will come from a variety of countries, education levels, socioeconomic backgrounds, and origins. Note that accents, vocabulary, expressions, and cultural traits will differ; yet you will be able to understand the essential points. You can compare it to English variations; for example, you understand individuals from England, Australia, New Zealand, and different parts of United States despite regional nuances.

Program Design

This Self Study program is composed of 15 lessons that build on each other. You will learn how to-

- Greet and converse with a patient
- Interview patients utilizing a professional Spanish in a culturally sensitive and appropriate manner.
- Identify chief complaint(s)
- Take a medical history
- Conduct a physical, neuro, gynecological exam, among many others
- Recommend prescription and follow-up instructions
- Intervene with medical emergencies in the Spanish language.
- Educate and encourage preventive care and wellness visits which culturally resonate with Latino patients.
- Achieve a higher degree of cultural sensitivity and competency leading to a stronger healthcare provider/patient bond, improved communication, and a higher level of healthcare compliance.
- All Verb Conjugations including the complex Verb Conjugations
- All Verb Tenses and Conjugations of the Subjunctive Mood
- Advanced grammar concepts

In addition, cultural norms and competencies are covered throughout the book.

Each lesson follows a logical progression by introducing preliminary vocabulary and is followed by related exercises, practice dialogue(s) and a crossword puzzle. Thus, the dialogues are

based on vocabulary that has initially been presented. Grammar concepts are explained in a simple, clear, and concise manner.

Although grammar, per se, is not stressed, it is reinforced by constant repetition— just as we learned to speak as children.

Each lesson is followed by a CME credit exam, which, you can complete at your own pace online.

This package includes 15 Lessons. Each exam is accredited for 3 Category 1 AMA CME credits. By completing all of them, you can obtain 45 category 1 AMA CME credits. Your certificate will be emailed after your exams are reviewed/ graded.

How to use this course

1. **Work through the chapters in consecutive order.**
2. **Complete the progressive exercises.** For example, they start with reinforcing grammar concepts then eventually challenge your cognitive thinking.
3. **Memorize the terms relevant to your specific field.** The vocabulary lists have been carefully selected to correspond to common healthcare-related conversations.
4. **Maximize the dialogue sections by using this technique –**
 - a) Read the text **or** listen to the audio as many times as necessary
 - b) Then, read **and** listen **simultaneously**. Try to understand the key phrases rather than trying to translate each word.
 - c) Repeat words and phrases aloud to reinforce the structures and to mimic the accent and intonation. Subsequently, listen to the dialogue on the Audio USB. The more you listen to the recordings, the more you will improve.
 - d) To facilitate your learning, you can also use the English translation portion of the textbook (Appendix B) to translate the dialogue.

Although there are many medical dialogues references, they offer an example of how to structure sentences using the “Power verb concept.” The workbook’s goal is to help you assemble basic sentence structures that suit your specific needs rather than cover exchanges from every field.

The purpose of this program is to teach you to communicate with your Spanish-speaking patients to form strong clinician–patient rapport. The objective is **not** to include dialogues of every field to memorize, but to teach the basic sentence structures needed to form **your own** dialogues, to suit your own specific needs.

If a word, dialogue, or concept related to your specific field is not mentioned, simply learn to use the sentence structure (in the simplest form) and add your own specialized term. In this way, you learn how to say what you need to.

This takes you beyond just memorizing and allows you to form your own thoughts in Spanish to best communicate with your Spanish-only-speaking patients

5. Remember, you can read the book and play the Audio USB as often as you need.

Regular review is key! It won't be long until you realize how much medical Spanish you've learned.

It is important to remember that if you simply smile and say as much as you can in Spanish—even if it is only introducing yourself—most of your Spanish-speaking patients will be relieved and impressed that you are attempting to learn and use their language.

Above all, remember to keep it simple and to not translate literally.

Don't be shy! Use the Spanish that you have learned whenever the opportunity presents itself. With practice, you will feel more comfortable and improve rapport with your Latino patients.

Please remember to contact us with any questions or concerns throughout your learning journey. We are always happy to help! That's what we're here for!

Good luck! ¡Buena suerte!

Cordially,

The Rios Associates team